



# FETAL HEART RATE MONITORING for Registered Nurses

## The program is composed of 15 lessons:

1. Physiology affecting FHR patterns
2. Elements of FHR patterns
3. Fetal assessment tools
4. FHR Common Language: NICHD nomenclature and categories
5. Care plans for variant FHR patterns
6. Analyzing Fetal Heart Rate Strips
- 7-15. 3 Patient Care Scenarios with 3 encounters each (9 lessons total)

3.0 CME credits are offered for completing Lessons 1 through 6 and 1.0 CME credit for each Patient Care Scenario completed

6.0 CME credits TOTAL are offered for completing all 15 lessons

*This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of ELM Exchange, Inc and Kaiser Permanente. ELM Exchange, Inc. is accredited by the ACCME to provide continuing medical education for physicians.*

### Is this your first time registering for courses through KP and ELM? Register as a "New User"

To access your online courses:

Go to <http://kp.elmexchange.com/cc> (notice there is no "www").

**Begin** by selecting your Kaiser Region and facility

**Register as a "NEW USER":** Please select your facility from the drop-down box and click the link on the left side of the page by clicking "Submit"

**Fill out a short registration form:** You will be asked to provide your name (as you would like it to appear on your CME certificates), e-mail address, select a password, and your specialty affiliation. This information is used only to record your participation. The login you create should be maintained for future course access.

**Access your courses:** Once registration has been completed, you will be guided through an introduction and course guide. Courses can then be completed at any time and stopped/started as your schedule allows.

**Did you already attend a course through KP and ELM? Login as a "Returning User."** To access your online courses:

Go to <http://kp.elmexchange.com/cc> (notice there is no "www")

**Select your Kaiser Region, then enter your Login Information:** Please enter the username and password you created when you first registered in the boxes on the right-hand side of the page and click "Submit." Forgot your password or username? **DO NOT CREATE A NEW ONE!** Contact ELM Support noted below.

**ELM Support:** Please call us at **888-315-4ELM (4356)** or email ELM Support ([elmsupport@elmexchange.com](mailto:elmsupport@elmexchange.com)) to retrieve that information.

**Access your courses:** Once login has been completed, you will be guided to your Course Report, which lists the courses you have taken and those available to complete. Courses can then be completed at any time and stopped/started as your schedule allows.



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