

# Diabetes Clinical Medication Management



## Date and Time:

**June 23, 2008 (Monday)**

**9:00 AM – 12:00 Noon; 2:00 PM – 4:30 PM**

**and**

**June 24, 2008 (Tuesday)**

**9:00 AM – 12:00 Noon; 2:00 PM – 3:30 PM**

## Target audience:

*Diabetes care managers and other clinicians involved in the care of diabetic patients in both inpatient and outpatient areas*

## Learning Objectives:

Upon completion of this program, each participant will be able to:

1. List the indications, actions, contraindications and target organs for each category of oral agents.
2. Describe the protocols for the initiation of oral agents.
3. Discuss the goals of medical nutrition therapy.
4. Discuss various methods used in meal planning.
5. Given hypothetical case studies, identify the most appropriate oral agents to use for individuals with Type 2 diabetes.
6. Describe foot screening examination.
7. Discuss insulin therapy as it relates to individuals with Type 1 and Type 2 diabetes.
8. Distinguish the differences in terms of action, onset, peak and duration of each of the available insulin preparations.
9. Illustrate practical approaches to starting basal and bolus insulin.
10. Apply insulin pattern management to correct out-of-target blood glucose readings.
11. Given hypothetical cases, choose the most appropriate insulin regimen, considering the patients' lifestyle, eating, and activity patterns.

## Speakers:

**Nugget Burkhart, RN, CDE**

Diabetes Care Manager  
Kaiser Permanente, San Francisco

**Margie Hawkins, RD, CDE**

Chronic Conditions  
Kaiser Permanente, Fremont

**Cynthia Mik, RN, CDE**

Diabetes Care Manager  
Kaiser Permanente, Oakland

**Pamela Kershner, MD**

Endocrinologist  
Kaiser Permanente, Diablo Service Area

**Joyce Tanaka, RN, MSN, CDE**

Diabetes Care Manager  
Kaiser Permanente, Fremont

## Moderator:

**Denise Portello, MPH, RD**

Project Manager, Diabetes Education  
Regional Health Education  
Kaiser Permanente, NCAL Region

For location availability, contact your local Education Representative or Videoconference Scheduler. For site-specific contact information contact the Distance Learning Program (510-625-5852/ tie line 8-428-5852/ email: Distance.Learning@kp.org). For DVD copies of past CVN programs, contact the MultiMedia Library at 510-987-4991, or on the web at <http://www.kpmmmlibrary.org>. For Home Study materials of select CVN programs, contact Distance Learning (510-625-5852/ tie line 8-428-5852/ email: Distance.Learning@kp.org). For a list of upcoming Distance Learning programs, please see your local Education Representative, visit us on the web at <http://nursingpathways.kp.org>, or call our toll-free number: (877) 387-1300. **Unless otherwise specified, all times are Pacific Standard Time.**

Provider approved by the California Board of Registered Nursing, Provider Number CEP14147 for 9.5 Contact hours (BRN). Attendance on both days required to receive CE credits.