



**TUESDAY,
FEBRUARY 8, 2005
8 AM TO 4 PM
WITH A BREAK FROM
NOON TO 2 PM**

PHASE OVERVIEW: REDUCING CARDIOVASCULAR RISK

Target Audience:
RNs, Chronic Condition Care Managers, Clinical Health Educators, Registered Dietitians, Pharmacists, and Behavioral Medicine Specialists who work with patients who have multiple cardiovascular risk factors.

Speakers:
Marc Jaffe, MD
PHASE Regional Clinical Leader
Chair, Chief of Endocrinology
KPMC, South San Francisco

Lisa Morgan, MPH
Project Manager, Education for Health Action
KP Regional Health Education, NCAL

Joe Young, MD
Assistant Chief, Dept. of Medicine
Hypertension Champion
KPMC, Oakland

Kay Peck, RD, MPH, CDE
Diabetes Care Manager
KPMC, Fairfield

David Sobel, MD
Director, Patient Education and Health Promotion
KP Regional Health Education, NCAL

Andrew Bertagnolli, PhD
Program Coordinator
KP Regional Health Education, NCAL

Mindy Boccio, MPH
Senior Health Educator
KP Regional Health Education, NCAL

Moderator:
Beth Noland, RN, MSN
Project Manager
KP Regional Health Education, NCAL

Program Description:
This program will provide a clinical overview of atherosclerosis, secondary prevention and management. It will address risk reduction and management for patients with atherosclerosis: coronary artery disease, diabetes, PAD, stroke, AAA, and CKD. The recommended medication and lifestyle quartets, as well as key messages, will be presented. Medication adherence and screening for depression will also be discussed.

Learning Objectives:
Upon completion of this 6-hour program, each participant will be able to:

1. Describe which populations are targeted by PHASE and why.
2. Describe the physiology of atherosclerosis.
3. Discuss the implications for managing patients with multiple comorbidities including CAD, DM, PAD, CKD, AAA, and TIA.
4. State the PHASE treatment goals for secondary prevention: Medication and Lifestyle Quartet.
5. Discuss what Adherence is and the implications for medication and lifestyle recommendations.
6. Describe the relationship between Depression and Adherence.
7. State the PHASE "key messages".

For location availability, contact your local Education Representative or Videoconference Scheduler. For site-specific contact information contact the Distance Learning Program (510-625-2485/ tie line 8-428-2485/ email: Distance.Learning@kp.org). For tapes of past CVN programs, contact the MultiMedia Library at 510-987-4991, or on the web at <http://www.kpmmmlibrary.org>. For Home Study materials of select CVN programs, contact Distance Learning (510-625-2485/ tie line 8-428-2485/ email: Distance.Learning@kp.org). For a list of upcoming Distance Learning programs, please see your local Education Representative, visit us on the web at <http://nursingpathways.kp.org>, or call our toll-free number: (877) 387-1300.

Provider approved by the California Board of Registered Nursing, Provider Number CEP14147 for 6.0 Contact hours.

