

Postpartum As A Specialty:

Excellence in Breastfeeding Part II

July 25, 2006

8 am to 4 pm (Break from Noon to 1 pm; Case Study Work from 1 to 2 pm)



Speakers:

JoAnn Skoufis, MSN, RNC, IBCLC

Lactation Consultant
Kaiser Permanente, Fresno

Lori Dupuis-Clifford, RN, IBCLC

Lactation Consultant
Kaiser Permanente, Hayward

Andrea Windom, MSN, PNP, IBCLC

Pediatric Nurse Practitioner
Kaiser Permanente, Vallejo

Moderator:

Lynda Garrett, RN, MPH

Senior Consultant, Maternal-Child Health
Patient Care Services, NCAL Region

Target Audience: RNs/ LVNs working in postpartum units

Learning Objectives:

Upon completion of this program, each participant will be able to:

1. Describe international strategies for increasing breastfeeding initiation and duration.
2. Describe national and state breastfeeding initiatives.
3. List at least five of the UNICEF/WHO Ten Steps to Successful Breastfeeding.
4. Explain the role of evidence-based clinical practice in the field of breastfeeding and human lactation.
5. Identify personal and professional perspectives and how they impact health care providers' relationships with new mothers.
6. Identify approaches to breastfeeding promotion that have a positive impact on women.
7. State when breastfeeding is contraindicated.
8. Identify at least one informational resource relating to contraindications to breastfeeding.
9. List at least two resources for current information about maternal medications and their compatibility with breastfeeding.
10. Describe a teaching plan for mothers on how to establish and/or maintain a milk supply when they cannot feed the baby at the breast.
11. List at least three reasons why an infant may refuse the breast.
12. Utilize breastfeeding flowchart for non-latching babies under 24 hours age.
13. Describe causes, prevention, and management of early problems with the breast: flat or inverted nipples, sore nipples, breast engorgement.
14. Describe the causes, prevention, and management of later problems with the breast: plugged ducts, mastitis, abscesses, yeast infections.
15. List three common concerns of breastfeeding women and ways of addressing them.

For location availability, contact your local Education Representative or Videoconference Scheduler. For site-specific contact information contact the Distance Learning Program (510-625-2485/ tie line 8-428-2485/ email: Distance.Learning@kp.org). For tapes of past CVN programs, contact the MultiMedia Library at 510-987-4991, or on the web at <http://www.kpmmmlibrary.org>. For Home Study materials of select CVN programs, contact Distance Learning (510-625-2485/ tie line 8-428-2485/ email: Distance.Learning@kp.org). For a list of upcoming Distance Learning programs, please see your local Education Representative, visit us on the web at <http://nursingpathways.kp.org>, or call our toll-free number: (877) 387-1300.

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